

LATEST NEWS

Our new phone system was installed on the 6th July. We hope that this will address some of the previous issues raised with the phone lines. Thank you for your patience.

Dr Matthew Stephenson will be working part time from July.


Please welcome our new pharmacists Lindsay Fairbrother and Kamal Modi.

DNAS

During the past month, 4217 appointments were offered, and 181 patients did not attend.

Please remember to cancel your appointment if you cannot attend.

Tips for keeping cool this summer

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- ◆ Stay hydrated - have plenty of cold drinks, and reduce your alcohol and caffeine intake.
 - ◆ Take cool showers or baths
 - ◆ If you can, avoid going out between 11am-3pm, the hottest part of the day
 - ◆ Try to avoid strenuous activity
 - ◆ Stay in the shade and wear loose fitting clothes
 - ◆ Apply sun cream at least 30 minutes before going out and reapply regularly
 - ◆ If you are going on holiday, remember to book your travel assessment with the nurse 6 weeks beforehand. Ensure you have enough medication, and remember to request a letter from reception if you need to take diabetic needles through customs.

We have a Patient Participation Group that meets on Saturdays, please ask at reception for more details.

Issue 1



01782 212066
01782 206866
01782 206566
01782 212305

Harley Street Medical
Centre
Harley Street,
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ST1 3RX



NHS CHOICES

We are currently rated 2 1/2 stars out of 5 on NHS Choices, we would like to thank you for all your support.

If you would like to leave a review on your experience with us please visit www.nhs.uk and search for our postcode.